



We have an agreement with the **Ramada Plaza Le Manoir du Casino** for lodging so you benefit from the best rates during your stay in Outaouais (www.ramadaplaza-casino.com).

Make your reservation by calling: 819-777-7538 or 1-800-296-9046 or by writing to manoir.casino@sympatico.ca

You have only to mention that you are part of the **Chantal Binet – Management Coaching** group to benefit from the following special rates:

Rates:

Corporate room:

- ❖ \$109 single occupancy
- ❖ \$119 double occupancy

2-level suite:

- ❖ \$189 single or double occupancy

This rate includes:

- Morning newspaper
- Free coffee in the room
- Modem jack
- Wireless high speed internet
- Voicemail
- Room service
- Iron and ironing board
- Hair dryer
- Parking

This hotel is located approximately 10 minutes from the **Nordik – Nature Spa** and near the main highways.

Here is the trajectory from the Ramada to the Nordik – Nature Spa:

Departure: Ramada Plaza Hotel – Manoir du Casino 75 Edmonton Street Gatineau, QC J8Y 6W9

1. Go East on Edmonton Street toward Chemin du Lac Leamy
2. Turn right on Boulevard De la Carrière
3. Turn right on Boulevard Du Casino
4. Take Highway 5 North towards Maniwaki
5. Continue straight on this highway for 5 to 7 minutes
6. Take Exit 12 towards Chemin Old Chelsea
7. Turn right on Chemin Nordik

Arrival: Le Nordik – Nature Spa, 16 Chemin Nordik, Chelsea, QC J9B 2P7

Lead, mobilize and manage
with passion!

coach@chantalbinet.com
www.chantalbinet.com

T. 819-773-8558 1-866-COACH-39